PROVA AUDITIVA

OBESITY

Introduction

In this radio programme you are going to hear some new words. Read and listen to them. Make sure you know what they mean.

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device: aparell / aparato
broadcast: emetre / emitir
chore: feina pesada / tarea pesada
it isn't rocket science: no és tan difícil / no es tan difícil

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Ready?
Now read the questions slowly before listening to the radio programme.

OBESITY

Hello. I'm Fiona Walker, and you're listening to *Health Matters*. This week, we'll be looking at the problem of obesity.

In Western, developed countries, rates of obesity have almost quadrupled in the past 25 years, and the trend shows no signs of receding. Unsurprisingly, these depressing statistics are causing much alarm amongst doctors and scientists around the globe.

Here with us in the studio today is one of the UK's foremost experts on weight loss, Doctor Isaac Black, who has devoted the past thirty years to the study of obesity.

PRESENTER: Doctor Black, welcome. And I must say, you do look very slim!

[Now listen to the rest of the radio programme.]

QUESTIONS

Choose the most appropriate answer according to the text. Only one answer is correct. Look at number 0 as an example.

[0.25 points for each correct answer]

0. Which of these facts do we know to be true about Dr Isaac Black?

A. ☒ He has studied the topic of obesity.
B. ☐ He has never been overweight.
C. ☐ He cures patients of obesity.
D. ☐ He is the world's most important expert on obesity.

1. Why is Dr Isaac Black slim?

A. ☐ He never eats biscuits.
B. ☐ He knows a lot about the negative effects of eating too much.
C. ☐ He used to be fat, but his research helped him lose weight.
D. ☐ He wants to increase his life expectancy by very many years.

2. What does Dr Black tell us about obesity in the UK?

A. ☐ Many thousands of people died from obesity last year.
B. ☐ More children than adults are overweight.
C. ☐ A third of British people are obese.
D. ☐ Obesity in the UK is worse than in the rest of Europe.

3. Which of these statistics is true about the UK?

A. ☐ Over ninety per cent of six year olds are not obese.
B. ☐ 30,000 children die of obesity every year.
C. ☐ Two-thirds of British adults are overweight.
D. ☐ A quarter of obese British people need hospital treatment.

4. People were slimmer in the past, because

A. ☐ they knew about the importance of exercise.
B. ☐ they preferred the taste of healthy food.
C. ☐ they had more self-discipline.
D. ☐ their lifestyles were generally healthier.

5. What does Dr Black think about TV?

A. ☐ He thinks it is a good idea to get rid of TV sets.
B. ☐ He thinks it should be more educational.
C. ☐ He thinks it can encourage people to try something different.
D. ☐ He wants to see more reality TV shows, like *Strictly Come Dancing*.

6. What do we find out about the presenter's family?

A. ☐ She enjoys playing on games consoles with her son.
B. ☐ She is married, with a son and a daughter.
C. ☐ Her husband and son have recently got fitter.
D. ☐ She wishes her family wouldn't play on games consoles.

7. What does Dr Black say about staying slim?

A. ☐ People get tired too easily – they need to make more effort.
B. ☐ We need to think of some more creative solutions to the problem.
C. ☐ Staying slim is an extremely tedious chor.
D. ☐ All you need to do is eat fruit and vegetables every day and go to the gym.

8. Which of these ideas does Dr Black recommend?

A. ☐ Adults should try extreme sports.
B. ☐ Its a good idea to play interactive sports games on consoles.
C. ☐ People of all ages should attend cookery lessons.
D. ☐ Young people should go to skate parks and climbing centres every day.